



**Bembridge Sailing Club**  
**RS Elite Southern Area Championships**  
**1<sup>st</sup> – 2<sup>nd</sup> June 2019**  
**In Association with the RS Elite Association**  
**Sailing Instructions 2019**

*Competitors should note that the Bembridge Sailing Club implements the RYA Charter and that they will be required to sail in compliance with the Charter, the text of which can be found at*

<http://www.rya.org.uk/racing/Pages/RacingCharter.aspx>

Portsmouth Tide Times corrected for BST				
Date	High Water	Height	Low Water	Height
Sat 1 <sup>st</sup> June 2019	11:00hrs	4.3m	16:10hrs	1.2m
Sun 2 <sup>nd</sup> June 2019	11:36hrs	4.4m	16:52hrs	1.0m

## 1. RULES

1.1 The regatta will be governed by the rules as defined in the World Sailing Racing Rules of Sailing (RRS), the prescriptions of the RYA, the rules of the RS Elite Class Association, the Notice of Race, (NOR) these Sailing Instructions (SI's) and any amendments thereto. In the case of any discrepancies, the Sailing Instructions shall prevail.

The Sailing Instructions may make permitted changes to any rules but the following are specifically subject to change: RRS 25, 28.1, 32.1, 35, 41, 44.1, 64.1(a), A2 & A5.

1.2 Add to RRS 25: (25.4) A Race Committee may display a visual signal, referred to in the rules as “a flag”, by any appropriate method.

1.3 Add to RRS 28.1. 'If the Race Committee observes a boat failing to sail the correct course, then she may be disqualified without a hearing.' This also changes RRS A5.

1.4 Add to RRS 32.1: (e) for any reason considered appropriate by the Race Committee.

1.5 Add to RRS 41: (e) help recovering a crew member from the water and their return on board provided the return is in the approximate location of the recovery from the water.

## 2. COMMUNICATIONS WITH COMPETITORS

2.1 Notices to competitors will be posted on the notice board located under the balcony at Bembridge Sailing Club.

2.2 There will be a regatta briefing for competitors via VHF Channel 77 by the Race Officer between 12:00 – 12:15hrs on Saturday 1<sup>st</sup> June 2019.

2.3 A list of entries and their crew may be published on the official notice board and the Club website.

2.5 The following communications may be made by the race committee on VHF Channel 77. If Channel 77 is unworkable, Flag T may be displayed on the Committee Boat and Channel 72 used instead:

- Time-check thirty minutes before the first start
- The approximate location of the regatta Committee Boat
- The approximate bearing of the windward Mark 1
- Postponements, abandonments and time limits
- General recalls
- The intended time of the next start

## 3. CHANGES TO SAILING INSTRUCTIONS

3.1 Any change to the sailing instructions will be posted before 10:00 or no later than 2 hours before the first scheduled race for Saturday and will be broadcast on Channel 77 as part of the RO's brief. Except that any change to the schedule of races for Sunday will be posted by 18:00 on the day before it will take effect on the Club notice board and broadcasted over VHF Channel 77 as part of the RO's briefing.

#### **4. SIGNALS MADE ASHORE**

- 4.1 Signals made ashore will be displayed on the flag staff of the Harbour Finishing Line outside the BSC Clubhouse.
- 4.2 When Code Flag AP is flown in conjunction with the class flag from the flag staff of the Harbour Finish Line with 2 sound signals means that the race is postponed. The warning signal will be made not less than one hour after they are lowered with one sound signal. (This amends Flag AP Race Signals).
- 4.3 When flag Y is displayed ashore, rule 40 always applies while afloat. This changes the Part 4 preamble.

#### **5. SCHEDULE OF RACES AND RACING AREAS**

- 5.1 The number of scheduled races, sailing area and the scheduled time of the first warning signal each day are as follows:

<b>Date</b>	<b>Racing Area</b>	<b>Races per day</b>	<b>Scheduled 1<sup>st</sup> warning signal</b>
<b>1<sup>st</sup> June</b>	East Solent (Bembridge Bay)	3	12:25
<b>2<sup>nd</sup> June</b>	East Solent (Bembridge Bay)	3	09:55

- 5.2 The Sailing Area will be announced on VHF channel 77, and the course boards will be displayed on the rear of the Committee Boat.
- 5.3 Races that have been postponed or abandoned may be re-sailed at any time as signalled.
- 5.4 When more than one race is scheduled in a day, second and subsequent races will be started as soon as practicable.
- 5.5 After a postponement, break, or to alert boats that a race or sequence of races will begin soon, an orange flag will be displayed with one sound for at least four minutes before a warning signal is displayed.
- 5.6 On the last day of the event, Sunday 2nd June, no warning signal will be made after 13:30.

#### **6. CLASS FLAG**

- 6.1 The Class Flag employed on the Committee Boat will be Naval Numeral Flag 4 (white St. Andrew's cross on a red background).

#### **7. MARKS**

- 7.1 The marks are described in Attachment A.

#### **8. COURSES**

- 8.1 Courses will be windward/leeward, using the standard RS Elite course format, with a spreader at the windward mark and a gate below the start line, which does not require competitors to pass through the line on subsequent windward legs.

The courses will be as described in Attachment B.

- 8.2 The course to be sailed will be displayed using, letters, numbers or symbols on the Committee Boat in accordance with RRS 27.1.
- 8.3 An ORANGE background to the letter, number or symbol indicates that the buoy shall be rounded to PORT. A GREEN background to the letter, number or symbol indicates that the buoy shall be rounded to STARBOARD.

8.4 The number of rounds to be sailed will be indicated by the numbers of white diamonds on a BLACK background displayed from the Committee Boat.

## 9. THE START

9.1 Races will be started in accordance with rule 26, with the warning signal 5 minutes before the starting signal. (5, 4, 1, Go)

<i>Signal</i>	<i>Flags</i>	<i>Timings</i>
<b>Pre-Warning</b>	Raise Orange Flag	10 mins
<b>Warning</b>	Raise Class Flag	5 mins
<b>Preparatory</b>	Raise P or I or Z/I or U or Z or Black Flag	4 mins
<b>1-minute Period</b>	Drop P or I or Z/I or U or Z or Black Flag	1 min
<b>Start</b>	Drop Class Flag	0 min

9.2 The starting line will be described in Attachment A.

9.3 A boat starting later than 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 & A5.

## 10. SHORTEN & CHANGE OF COURSE

10.1 Courses will be shortened or changed in accordance with RRS 32 & 33.

## 11. THE FINISH

11.1 The finishing line will be described in Attachment B.

## 12. PENALTY SYSTEM

### 12.1 Penalties

RRS 44.1 (breaking a part 2 rule) is modified, a boat may take a One-Turn Penalty when she has broken one or more rules of Part 2 in an incident while racing. (A One-Turn Penalty remains in place when she may have broken rule rule 31)

### 12.2 Exoneration Penalty

A boat that may have broken a Part 2 rule, or rule 31 or 42, may, after finishing the race concerned and before the start of a related protest hearing, notify the Race Committee that she accepts a 20% scoring penalty as stated in rule 44.3(c), (except that the minimum penalty is two places if that does not result in a score worse than DNF). This penalty does not reverse an OCS score, a disqualification under rule 30.3, 30.4 or a penalty under Appendix P. It is not available for a breach of rule 2 or of class rules or for gross misconduct under rule 69. Nor is it available to a boat that caused injury or serious damage or gained a significant advantage by her breach: in these circumstances, her penalty is to retire.

12.3 When an Exoneration Penalty is accepted,

- (a) Neither the boat nor a protest committee may then revoke or remove the penalty.
- (b) The boat shall not be penalized further in a protest hearing when the protest committee decides that it was appropriate to the facts found and the applicable rules.

### **13. TIME LIMITS AND TARGET TIMES**

- 13.1 The time limit for the first boat to finish shall be 80 minutes and target time for the first boat shall be 45 minutes.
- 13.2 Boats failing to finish within 20 minutes after the first boat that has started correctly, sailed the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.

### **14. PROTESTS AND REQUESTS FOR REDRESS**

- 14.1 Protest forms are available at the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 14.2 The protest time limit is 90 minutes after the last boat has finished the last race of the day.
- 14.3 Notices will be posted no later than 15 minutes after the protest time limit of the day to inform competitors of hearings in which they are parties or named as witnesses.
- 14.4 Notices of protests by the Race Committee or protest committee will be posted to inform boats under rule 61.1(b).
- 14.6 Breaches of instructions 18 will not be grounds for a protest by a boat. This changes rule 60.1(a).
- 14.7 Penalties for breaches of rules, except RRS Part 1 and 2 are at the discretion of the protest committee.
- 14.8 RYA Rules Dispute Advisory and Mediation Hearings are available.
- 14.8 On the last scheduled day of racing a request for reopening a hearing shall be delivered
  - (a) within the protest time limit if the requesting party was informed of the decision on the previous day;
  - (b) no later than 30 minutes after the requesting party was informed of the decision on that day.

This changes rule 66.

- 14.9 On the last scheduled day of racing, a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.
- 14.10 Competitors are requested to advise the Race Committee by VHF if intending to lodge a protest or seek redress.
- 14.11 A boat that has taken a penalty under 44.1 shall complete an acknowledgement form at the Race Office within the Protest Time Limit.

### **15. SCORING**

- 15.1 Scoring will be by the Low Points System.
- 15.2 1 race is required to be completed to constitute a Southern Areas Championships.
- 15.3 When fewer than four races have been completed a boat's series score will be the total of her race scores.
- 15.4 If four to six races have been completed, a boat's score will be the total of her race scores with one discard of her highest score.

## **16. SAFETY & DISCLAIMER OF LIABILITY**

- 16.1 A boat that retires from a race shall notify the Race Committee by radio on Channel 77, or 72 when flag T is displayed as soon as possible.
- 16.2 Each boat is entirely responsible for her own safety, whether afloat or ashore, and nothing, whether in this Notice of Race, Sailing Instructions or anywhere else, reduces that responsibility.
- 16.3 It is for the skipper of each boat to decide whether the boat is seaworthy and/or fit to sail in any conditions that may be encountered. By going to sea, the skipper confirms that the boat is seaworthy and fit to sail and that its crew is competent to sail in any conditions that may be encountered.
- 16.4. Nothing done by the Organising Authority can reduce the responsibility of the skipper nor will it make the Organising Authority responsible for any loss, damage or personal injury, however the same may have occurred, as a result of the boat's participation in the event.

The term 'Organising Authority' shall include any person helping to run and/or assist with the event and it includes, but is not limited to, the Bembridge Sailing Club, the Race Committee, Principal Race Officer, trustees, support boat, sponsor, supporters and other companies and organisations officially involved with the event.

If any provision in this Section (Safety & Disclaimer of Liability) is deemed for any reason to be invalid, void or deleted, the remainder of this Section shall nevertheless remain in force.

- 16.5 The provision of support boats does not relieve the boat of her responsibilities.
- 16.6 A boat that retires from a race shall make every effort to ensure that the Race Committee is notified as soon as possible and before returning to her berth. Failure to comply may result in disqualification from the series.
- 16.7 A boat shall comply with the Class Rules and prescriptions with regard to safety and shall carry a personal floatation device (PFD) for each person aboard. Buoyancy aids shall be a minimum buoyancy ISO 12402 (formally EN 393) performance level 50 (Newtons) and life jackets will be a minimum buoyancy ISO 12402 performance level 150 (Newtons). PFD's will be carried whilst aboard a BSC launch and worn on a BSC RIB.
- 16.8 All boats shall carry a functioning marine VHF with at least channels 16, 72, 77 & 37 (M2/P4). Safety and race management information will be passed on Channel 77.

## **17. REPLACEMENT OF HELM OR CREW**

- 17.1 No authorisation is required for the substitution of helm, crew or equipment, except as required by the Class Rules.

## **18. ADVERTISING**

- 18.1 Boats may advertise in accordance with ISAF Regulation 20.
- 18.2 Boats will not be required to display advertising supplied by the Organising Authority.

## **19. OFFICIAL BOATS**

- 19.1 A pin end RIB may be used to identify boats OCS at the start.

## **20. SUPPORT BOATS**

- 20.1 Support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the Race Committee signals a postponement, general recall or abandonment.
- 20.2 A breach of this instruction may result in a penalty being imposed on the boats associated with the support boat.

## **21. EQUIPMENT INSPECTION**

- 23.1 A boat or its equipment may be inspected at any time for compliance with the Class Rules and Sailing Instructions.

## **22. RUBBISH DISPOSAL**

- 22.1 Boats shall not put rubbish in the water.

## **23. PRIZES**

- 23.1 The main presentation of regatta prizes will take place at the RS Elite Nationals in Ireland in July.

## **25. INSURANCE**

- 25.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2 million per event or the equivalent.

## SAILING INSTRUCTIONS ATTACHMENT A – MARKS

### A1. The Race Area

The race areas will be as stated in SI 5.

### A2. Starting Marks & Starting Line

A2.1. The transit of the starting line will be between:

Staff	Outer Distance Mark
Staff with orange flag on Committee Boat	Orange inflatable buoy approximately 150 metres from the Committee Boat.

A2.2. The Starting Line will be between the Committee Boat and Outer Distance Marks, on a transit between the Staff flying an Orange Flag on the Committee Boat and the Outer Distance Mark. The Committee Boat will be at the starboard end of the line.

### A3. Marks of The Course

A3.1. The following marks will be used:

Name	Description of Mark:
Mark 1 Windward ▲	Large Orange Inflatable Bouy
Windward spreader +W	Large Orange Inflatable Buoy
Marks 2S and 2P Leeward Gate +G	Tall Yellow Pin Inflatable Buoys

A3.2. If only one of marks 2S and 2P is laid, boats shall round it to port.

### A4. Finishing Marks & Finishing Line

A4.1. The finishing line will be between:

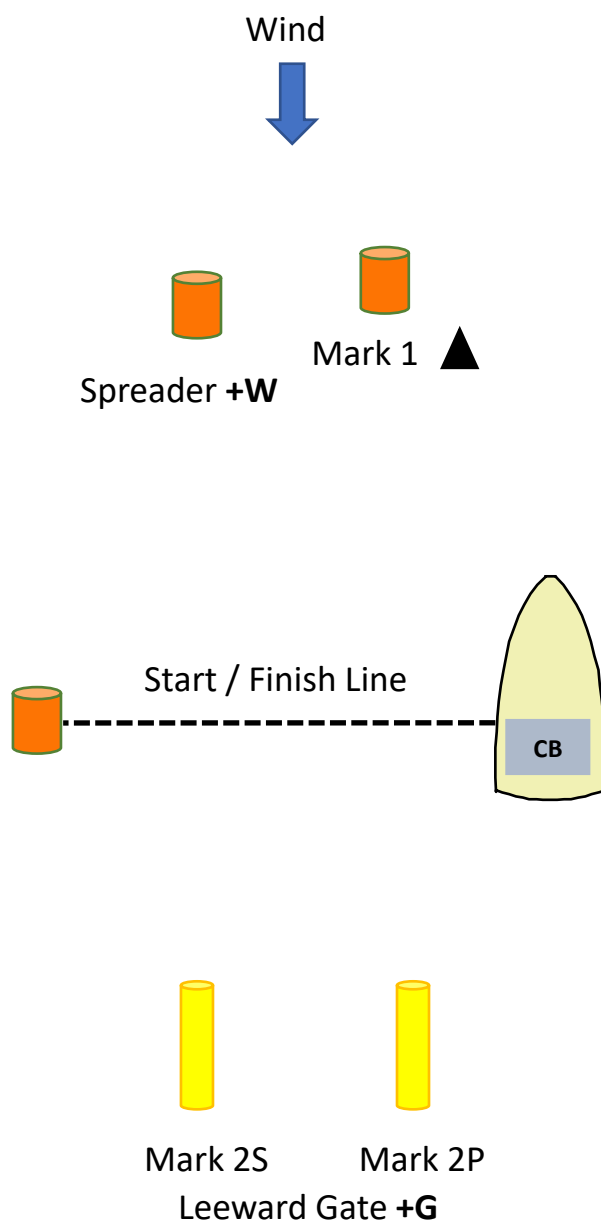
Staff	Outer Mark
Staff with blue flag on the Committee Boat.	Orange Inflatable Buoy.

A4.2. The Finishing Line will be between the staff with blue flag on the Committee Boat and the outer finishing mark and will be on the same side of the Committee Boat to the start.



# SAILING INSTRUCTIONS ATTACHMENT B – COURSE

## B1.1 Course Diagram



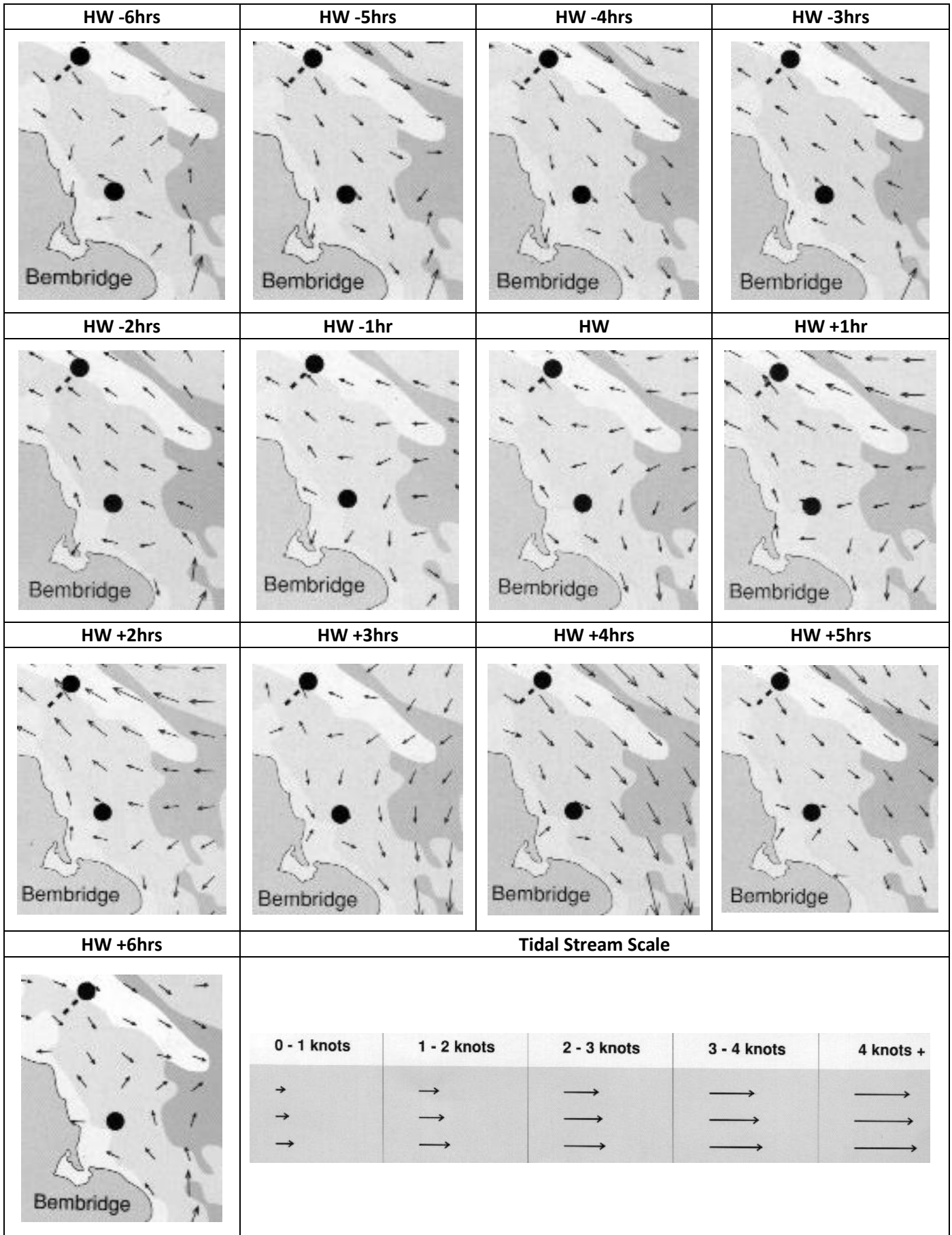
The distance of legs and the angle between marks may not be as shown.


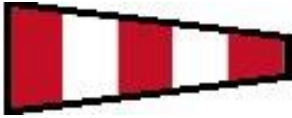

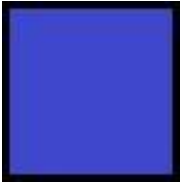








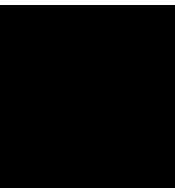




B1.1. The course is: Mark 1 to port, Spreader Mark to port, between the Gate Mark 2S and 2P (either round Mark 2P to port or Mark 2S to starboard), or 2P to port if only one Mark 2 is laid, Mark 1 to port, Spreader Mark to port, between the Gate Mark 2S and Mark 2P, or 2P to port if only one Mark 2 is laid, to Finish.

### B2. Change of the Next Leg of the Course

B2.1. In addition to Rule 33, to change the next leg of the course, the Race Committee may lay a new mark. The original mark will be removed as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

### Solent Tidal Streams (Bembridge – Seaview)



Clubs Class Flags				
Committee Boat Line (Orange)	Postponement (AP Flag)	Wear Life Jackets (Y Flag)	Committee Boat Finish (Blue)	
				
Starting Sequence				
Warning Signal (RS Elite Class Flag)	Preparatory Signal (i.e. P Flag)	Over Course Start (OCS) (X Flag)	General Recall (1 <sup>st</sup> Sub)	
				
No Penalty (P Flag)	Round the Ends (I Flag)	20% Place Penalty (Z Flag)	DSQ Unless Restarted (U Flag)	DSQ (Black Flag)
				
Removed 1 minute before the start – see SI 9.1				
Shorten Course (S Flag)	Change of Course (C Flag)	(N Flag) Race Abandoned	VHF Channel 72 (T Flag)	
				

**Notes**